

SCUBASPA YANG

Solo Travelers Cruise

Male to Male | Central atolls

The central atolls of the Maldives are alive with mantas, whale sharks, turtles, reef sharks, eagle rays, stingrays and big schools of tropical fish.

In Ari Atoll, the most reliable place in the Maldives for pelagics and big schools, there are napoleon wrasse, grey reef and white tip sharks and batfish.

Days are filled from sunrise to sunset with diving and snorkelling, with visits to uninhabited islands and sandbanks.

The week closes with a beach barbecue and a beach party under the stars.

LENGTH	DEPARTURE PORT	ARRIVAL PORT	EXPERIENCE
8 days / 7 nights	Male	Male	No minimum level







Your itinerary

DAY 1

Saturday: Welcome aboard

Meet at the airport, transfer to the yacht and meet the other solo guests, the crew and the Cruise Manager.

DAY 2

Sunday to Thursday: The central atolls

3 dives a day

Three dives a day on the scuba package, or spa treatments and yoga on the spa package, with visits to deserted islands and sandbanks, snorkelling and games to bring the group together.

DAY 3

Friday: Beach barbecue and party

A beach barbecue with cocktails and fresh food, followed by an evening of dancing at the beach party.

DAY 4

Saturday: Departure

Breakfast, check out and transfers to the airport.

THE WEEK

Two packages for solo guests

The usual packages do not apply to this cruise. You choose between two options built for solo travellers.

Scuba

Three dives a day, around 17 dives over the cruise, plus one spa treatment.

Spa

Eight spa treatments plus a PADI Discover Scuba Diving experience, for anyone who has not dived before.

A single guest has their own private cabin, and sharing with a stranger is not offered on board. The spa package is a good way to try open air Thai massage, sunrise yoga and the quiet of the largest spa afloat in the Maldives.

THE DIVING

How the diving is organised

A separate 20 metre dive boat, a dhoni, goes with the yacht and carries the equipment and compressors, so the yacht stays quiet while you prepare. It has plenty of seating, several entry points, a stern platform, a sun deck and a toilet on board. The yacht is a PADI 5 Star Dive Resort, the instructors speak several languages, and courses run from introductory dives to certification, with children from ten years old able to learn.

Dives are limited to 30 metres. A dive computer is compulsory, diving alone and decompression dives are not allowed, and night dives and dives deeper than 18 metres are for advanced certified divers. You can upgrade your certification on board.





THE SPA

Treatments, yoga and calm

The Asian style spa covers 300 square metres over two decks, the largest on any liveaboard in the Maldives. There are four treatment rooms, including one for couples, a secluded deck for open air Thai massage and meditation, and a shaded lounge.

More than fourteen treatments are on the menu, including Swedish, Balinese, Thai, Filipino, Hilot, Shiatsu, Ayurvedic, Hawaiian, Lomi Lomi, warm bamboo, lava shell and hot stone massage, plus facials and Ayurvedic champissage for the hair. The products are made for the boat with organic ingredients, botanical extracts and essential oils, and you can buy them from the on board boutique.

Yoga runs every morning and at sunset on the open deck, with asanas, breathing and meditation for beginners and experienced practitioners alike.





ON THE TABLE

Food, drink and celebrations

Internationally trained chefs cook European, Mediterranean and Asian dishes with local flavours, served as three buffet meals a day with live cooking stations in the al fresco restaurant. The menu runs from the catch of the day, lamb and beef to a sushi bar, tapas and flaming crêpes Suzette, and fresh lobster can be ordered for a small extra charge. Dietary requirements are catered for.

The bar sits next to the restaurant and opens onto the shaded lounge deck, with wines, champagnes, cocktails, beers and spirits and a daily happy hour. Once a week the crew hosts a moonlit barbecue on a sandy beach.

The chefs will also plan birthdays, anniversaries, engagements and weddings, from a private dinner on a separate deck to champagne at sunset.





CONDITIONS

Seasons, water and sea life

The water stays between 26 and 29 degrees all year. From November to May the north east monsoon brings clear skies and little rain, with channel dives on the eastern sides of the atolls and mantas at the cleaning stations on the western sides. From June to October the south west monsoon brings fewer crowds, with mantas on the eastern sides and the channel dives on the western sides. Routes are adjusted to the monsoon, the weather and the tides.

Expect mantas, whale sharks, turtles, reef sharks, eagle rays, stingrays and big schools of tropical fish.

INCLUDED

What your trip covers

INCLUDED IN THE TRIP PRICE

- Cabin accommodation with three meals a day
- Welcome drink, drinking water, coffee and tea
- Airport transfers on the regular arrival and departure days
- Yoga classes every morning
- Snorkelling, with equipment included
- A barbecue on a deserted island and the excursions in the programme
- The diving or spa treatments of the package you choose
- Wi-Fi, with a 5 GB allowance per cabin

NOT INCLUDED

- International and domestic flights
- Service and administration charge and the nightly green tax, shown on our trip listings
- Dive and travel insurance
- Dive equipment rental
- Drinks from the bar and extra spa treatments
- Crew gratuities, which are optional