

SCUBASPA ZEN

# East Nusa Tenggara

*Komodo to Alor | Komodo and East Nusa Tenggara*

The drift diving of Komodo National Park is the heart of this trip, with strong currents and nutrient rich channels bringing mantas, reef sharks, turtles and hundreds of species of hard coral.

UNESCO lists the park as a World Heritage Site, and visits to the Komodo dragons are part of the journey.

The route then continues through the islands of East Nusa Tenggara, with remote dive sites along the way.

| LENGTH | DEPARTURE PORT | ARRIVAL PORT | EXPERIENCE |
|---|---|---|---|
| 11 days / 10 nights | Komodo | Alor | Intermediate to advanced |







## Your itinerary

DAY 1

### Komodo National Park

Drift dives and dragons

Strong currents and nutrient rich channels bring mantas, reef sharks, turtles and hundreds of hard coral species, with Castle Rock, Crystal Rock, Shotgun, Manta Alley and Batu Bolong among the best known sites, and visits to the Komodo dragons.

DAY 2

## East Nusa Tenggara

Remote dive sites

The yacht works east through the islands of East Nusa Tenggara towards Alor.

DAY 3

## Alor

The cruise ends in Alor, where guests are escorted to the airport.

THE ROUTE

# An outline of the cruise

This is an outline of the route. The detailed day plan, sites and timings are set by the captain and the dive team to suit the weather, the tides and the guests on board, and are confirmed before you sail.

THE DIVING

# How the diving is organised

The dive centre is a dedicated dive boat with plenty of room, well equipped dive stations, several entry points, a toilet and shower and a sun deck platform. Dives are tailored to each diver's level, with beginners and experienced divers both looked after, and up to four dives a day are possible. Courses run from introductory dives to advanced and Nitrox certification, with multilingual instructors.

Dives are limited to 40 metres. A dive computer is compulsory, diving alone and decompression dives are not allowed, and night dives and dives deeper than 18 metres are for advanced certified divers. Many sites have strong currents, so good buoyancy control is needed.







THE SPA

# Treatments at the quiet end of the boat

The five star spa sits at the stern, the quietest part of the yacht, and welcomes couples as well as solo guests. The menu offers Balinese, Swedish, Shiatsu, sports, hot stone and Hawaiian Lomi Lomi massage, aromatherapy, foot reflexology, a back and shoulder massage, facials, body scrubs and masks, an after sun aloe vera treatment, a foot scrub, and a Dive Delight massage designed for after a dive.

The products are made exclusively in Bali for the boat, from organic ingredients, botanical extracts and essential oils. Yoga is held every morning on the sun deck.





ON THE TABLE

## Food, drink and celebrations

Breakfast and lunch are buffets, and dinner is an à la carte menu served in the al fresco restaurant on the main deck. Live cooking evenings blend Asian, Mediterranean and Continental cuisine, and the chefs share the recipes so you can recreate them at home. Special diets are looked after.

The bar, next to the restaurant with views from the bow, serves wines, champagnes and handcrafted cocktails, with a happy hour every day. Beach barbecues are held on a deserted island, and the team plans birthdays, engagements and anniversaries, from a private dinner under the stars to sunset cocktails.





PACKAGES

## Choose how you spend the cruise

Every guest chooses one of three packages. Dives cannot be swapped for spa treatments, and the dive package is for certified divers only.

### Scuba

Up to 26 dives over the cruise, with spa treatments bookable on board for an extra charge when there is space.

### Scuba and spa

14 dives and 7 spa treatments over the cruise.

### Spa and active wellness

11 spa treatments and guided snorkelling. A Discover Scuba Diving course can be added if you would like to try diving.

CONDITIONS

## Season, water and what to expect

Komodo National Park is a UNESCO World Heritage Site between Sumbawa and Flores. Narrow channels carry the Indonesian Throughflow, which brings strong currents and nutrient rich upwellings and makes the park a drift diver's destination, with mantas, reef sharks, turtles, dolphins and hundreds of hard coral species. The season runs from April to September, and some routes visit the park in a limited season. Bring comfortable shoes for the dragon treks.

INCLUDED

# What your trip covers

## INCLUDED IN THE TRIP PRICE

- Suite accommodation with three meals a day
- Welcome drink, drinking water, coffee and tea
- Airport transfers at the start and end of the cruise
- Yoga classes every morning
- Snorkelling, with equipment included
- A barbecue on a deserted island and the excursions in the programme
- The diving or spa treatments of the package you choose
- Wi-Fi, with a 1 GB allowance per person

## NOT INCLUDED

- International and domestic flights
- Service and administration charge and the national park and port fees, shown on our trip listings
- Dive and travel insurance
- Dive equipment rental
- Drinks from the bar and extra spa treatments
- Crew gratuities, which are optional